



OUR LADY OF SORROWS

FAMILY FUN RUN



Shiawasse Park, Farmington, MI
Tuesday and Thursday at 6:00 pm
July 11 – August 3

Come join us at Shiawasse Park in Farmington!

The route is a little less than 1 mile. You can choose 1, 2, or 3 laps. We will start with some basic stretching and then hit the course. No times will be recorded. Any competition is up to you!



[Please click here to register so that we can notify you of any changes in time, location, or cancelation due to inclement weather](#)

Questions or want to volunteer to help? Please contact:
Adam Specht, Head Coach Adam_Specht@sbcglobal.net