

Hello Returning and Prospective Girls Volleyball Players!

CYO Volleyball will begin in early August with tryouts the week of August 12th. We plan to have two Varsity Volleyball teams and one Junior Varsity Volleyball team. Varsity is open to 7th and 8th grade girls. JV is open to 4th, 5th and 6th grade girls. No prior volleyball experience is required.

The season is 8 games (4 home, 4 away) and will start the week of August 31st and run through October 17th. Practices are typically twice a week. Varsity is eligible to participate in CYO playoffs, which begin October 23rd and end October 30th.

The focus for Varsity is to build on the skills learned in JV, however, the focus shifts towards more advanced skills and tactics.

The focus for JV is to build basic skills and tactics, and to ensure everyone plays and exhibits good sportsmanship.

I strongly encourage anyone interested to register at the link below or to let me know if you plan to play (email or text – see below).

Registration: [St. Fabian.org/cyo-athletics.html](http://St.Fabian.org/cyo-athletics.html)

Thanks for your consideration of the St. Fabian Volleyball program.

God Bless,

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